

Parents and Guardians are Invited to Attend:

SAN GABRIEL HIGH SCHOOL PARENT WORKSHOPS

Once a month on Wednesdays, 6:30 to 8:00 p.m.

* Light Dinner Provided at 6:00 *

Garvey Community Center, 9108 Garvey Ave, Rosemead 91770

Dates & Topics

01/31/07 Parent Academy Orientation

This session includes an overview of the Parent Academy and counselor's presentation on positive parenting skills for parents of teens. What are effective ways to communicate with your teen? What are the pressures and challenges teens face and how can parents help them?

02/28/07 Active Parent Involvement

Where do you go to for answers to your questions about your student's school life? How can you communicate with the school administrators, teachers or counselors? How can you prepare to meet with teachers or counselors? What are opportunities for parents to be involved at SGHS? Find out the answers to these questions and more.

03/14/07 On the Road to Academic Success - At Home

How can parents ensure the best home environment to support your child's learning? How can you monitor your child's progress? What are effective ways to help your student with her homework and studying? Students should accompany parents to this session as they will also learn study skill tips.

03/28/07 Nutrition and Your Teen

Alhambra Unified School District's Nutrition Network will present on the physical development of teens and the importance of good nutrition to successful academic achievement. Come learn about how to help your teen eat healthy. Parent handouts and other freebies will be distributed.

04/25/07 Education Rights and Responsibilities

Under California and federal laws, parents have certain responsibilities for their children as well as educational rights that should be exercised. Learn more about these issues and how laws concerning youth, parents and education impact you and your family.

Spanish, Cantonese, Mandarin and Vietnamese translation provided

For more information call Office of Instruction

School/ Community Coordinators: Bea Magallon @ 308-2224(Spanish), Bik-Yin Mak @ 308-2226 (Mandarin/Cantonese), or Hoi Vihn @ 308-2225 (Vietnamese)

I am interested in attending the following Parent Workshops:

_____ 01/31/07 _____ 02/28/07 _____ 03/14/07 _____ 03/28/07 _____ 04/25/07

Parent's name (please print)

Student's name (please print)

Phone #: _____

E-mail: _____

Address: _____

I need childcare for _____ children (no children still in diapers)

Please return lower half of this form to Assistant Principal Jennifer Sunada, Office of Curriculum & Instruction