WELCOME TO SAN GABRIELI Class of 2019

HIGH SCHOOL 101



© We encourage note-taking and question-asking ©

Today you will learn how to:

- 1. Access Your SGHS Counseling Team
- 2. Meet Graduation Requirements by Earning Credits
- 3. Use Your Agenda and Other School Resources
- 4. Use Your Student Portal to Monitor Progress
- 5. Explore and Plan for Post-SGHS Options

SGHS Counseling Team



Jacqueline Herrera, MA, PPS

A-F



Devin Vergo, MS, PPS

G-Le



Elaine Jong, MA, PPS

Li - O





Janette Chow, MS, PPS*

P - Sn



Solinet Wong, MS, PPS

So - Z

*Ms. Chow is available on Mondays, Tuesdays, and Thursdays only.

Assistant Principal of School Counseling

Counseling Office

Location: "A" building

Phone: **943-6830**

Hours: Monday through Friday, 7:30 AM to 3:30 PM

Drop-in help: At lunch and after school

• Appointments: **Send a message** to your counselor at:

www.sghsmatadors.com/about_us/guidance.jsp

Our Counseling Staff is here to help you!



Barbie Gomez English



Patti Ong Mandarin/Cantonese Vietnamese



Beda Ramirez Spanish



Perla Alpas Tagalog

Gateway To Success





Our Gateway to Success counselors are here to provide support for students who need additional intervention!



Martina Lai

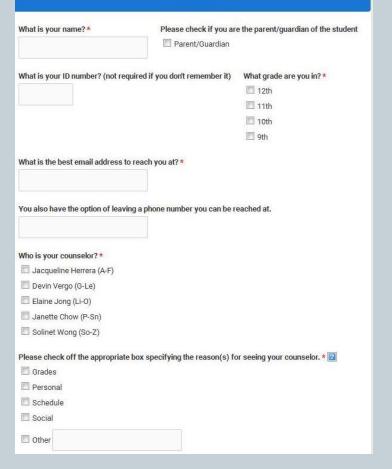
Denise Fernandez

Please contact Ms. Fernandez if you feel you are in need of extra support!

fernandez_denise@ausd.us

Counselor Request Form

Welcome to the Counselor Request Portal! Please fill out the form below to generate a counselor request.







www.sghsmatadors.org About Us Guidance







Assistant Principal, Instruction

Assistant Principal, **Student Welfare**

Ms. Gutierrez Ms. Castro



Mr. Jung

Peer Counseling and Conflict Mediation

Peer Counselors are available in the *Counseling Office*. They are trained to support you with issues such as:

emotions drama college
dating girlfriend conflict sadness
dating loneliness friends anxieties
support grades life boyfriend help
Aress reachers parents

motivation

Conflict Mediators are available in the Student Welfare office to help resolve conflict between students.

AUSD HS Graduation Requirements

Course/Subject	Credits		
	30 credits		
A) Social Science	World History (10)		
	U.S. History (10)		
	American Government (5)		
	Economics (5)		
B) English	40 credits		
C) Math*	30 credits		
	including Int Math I and Int Math II		
	20 credits		
D) Science	Life/Biological (10)		
	Physical/Earth (10)		
E) Foreign Language or F) Fine Art	10 credits		
Physical Education	20 credits		
Elective Courses	60 credits		
TOTAL	210 credits		

^{*}Math: requirements are subject to modifications for the graduating class of 2018 and beyond to align with new Common Core Standards.

How are credits earned?

5 credits for semester 1
5 credits for semester 2
= 10 credits for one class

Grading Scale:

A = Excellent (5 credits)

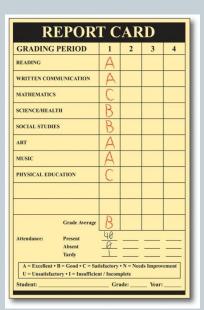
B = Above Average (5 credits)

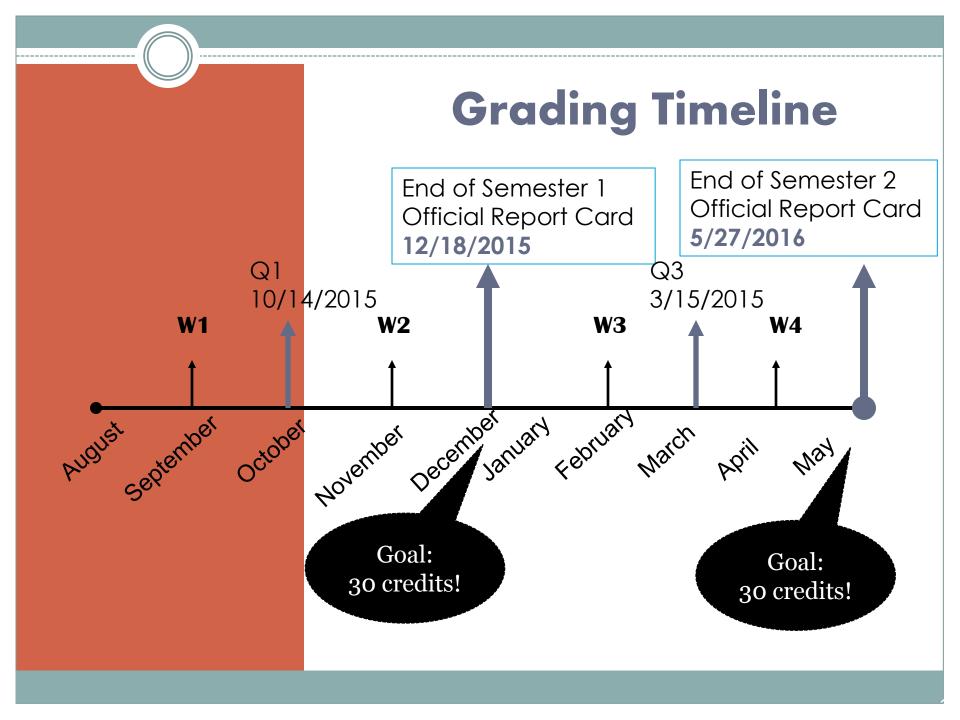
C = Average (5 credits)

D = Below Average (5 credits)

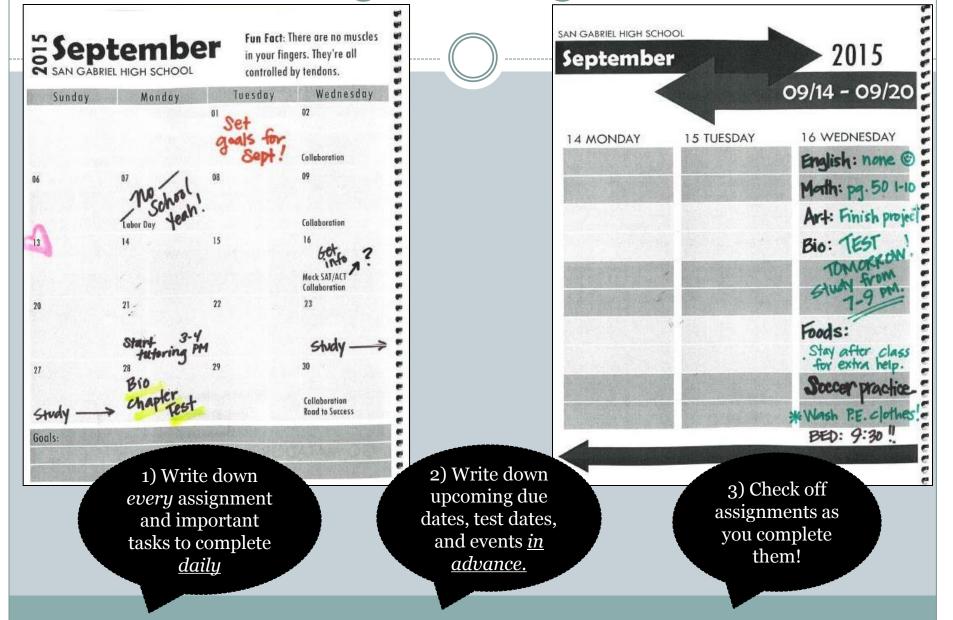
F = Failed (o credits)

*All A-G courses need to be passed with a grade of "C" or higher to meet A-G eligibility/requirement.





Using Your Agenda



Resource Handout



WELCOME TO SAN GABRIEL!



SGHS COUNSELING OFFICE

(626) 943-6830 7:30 am - 3:30 pm

John Scanlan, Assistant Principal

A-F	Jackie Herrera he	rrera_jacqueline@ausd.us
G-LE	Devin Vergo	vergo_devin@ausd.us
Li-0	Elaine Jong	jong_elaine@ausd.us
P-SN	Janette Chow*	chow_janette@ausd.us
So-Z	Solinet Wong	wong_solinet@ausd.us

^{*} Mrs. Chow available Mon, Tues, and Thursdays

PEER RESOURCES

Peer Counselors are available periods 1
through 6 in the Counseling Office! They are
trained to support you. Peer counselors
understand teen issues and feelings because
they are teens themselves! Need a friend?
Chat with one of us. We are located in the
Counseling Office.

Conflict Mediators are available in the Student Welfare office to help resolve conflict between students.



Our GATEWAY TO SUCCESS program serves to link students with counselors or other health and wellness resources that will help them work through the challenges that are interfering with their academic, personal, or social adjustment. In addition, it provides parents an opportunity to receive on-going support and education via the Parent University, Parenting Classes, and various workshops throughout the school year.

Gateway Contact:

Denise Fernandez, Counselor fernandez denise@ausd.us

Martina Lai, Counselor lai_martina@ausd.us

HOW TO USE YOUR STUDENT PORTAL:

- 1. Log on to: http://family.ausd.us
- 2. Enter in Username and Password
- Access to :
 - Grades
 - Attendance
 - Registration...and more!

*Obtain login information from Counseling Office during heach



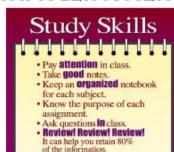
SCHOOL COMMUNITY COORDINATORS

Ms. Beatriz Macias- Spanish (626) 943-6813

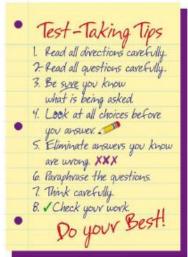
Mr. Hoi Vinh- Vietnamese (626) 943-6815

Ms. Binh Tran- Chinese (626) 943-6814

HOW TO BE A SUCCESS:



- Plan a **definite** time and place for studying each day.
- Study for awhile and take short breaks.
 Bon't cram for hours
- the night before a test. Study a little bit each day.
- · Think Positive... Do your best!



Resource Handout

SGHS would like you to join:





To receive messages via text, text @sghs2019 to 81010 or (626) 581-6956. You can opt out of messages at any time by replying, 'unsubscribe @sghs2019'.



Or to receive messages via email, send an email to sghs2019@mail.remind.com. To unsubscribe, reply with 'unsubscribe' in the subject line.



AUSD GRADUATION REQUIREMENTS

1 YEAR	2 YEARS	3 YEARS	4 YEARS
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A.S.A.P. TUTORING!

After School Academic Progress

No sign-up required! Any student may attend as often as needed. Please come prepared with homework, classwork, or make-up work. Transportation available on the 4:15 bus. No tutoring on minimum days. See your counselor/teacher for current schedule.

HOW CAN MY COUNSELOR HELP ME?

The counselors are here to assist students under the three ASCA (American School Counselor Association) domains:

- Academic Development
- Career Development
- Personal/Social Development

courses decisions
stress career
graduation time
fears college
annieties
etc. feelings
problems recognised
schedule test-taking

Each counselor serves a caseload (according to student last name) that spans grades 9 through 12. Students can make appointments by visiting the Counseling Office and parents can call to make an appointment. Students/families can also contact their counselor directly via the Counselor Request Form at:



A-G REQUIREMENTS

Minimum GPA requirements: CSU 2.0; UC 3.0

(from A-G courses earned in grades 10-11)

The A-G Subject Requirements	YEAR	YEARS	TEARS	YEARS
A) Social Science – 2 years Do year of US History or US History and Arrevices Government + one year of social science				
B) English — d years Composition and literature designated as sollege preparatory				
C] Mathematics — 3 years required, 4 recommended. Algebra 4, Securetry, Algebra 4, Integrated math, and advanced mathematics. Courses to lean 10.7 and 37 grade may be considered.				
Dj Leboratory Science – 2 years At least one biological ocience and one physical science				
ii junguage Other Than ling lish – J years Subject to writer for applicants demonstrating equivalent competency. College prop language courses taken in the B ^{oth} and 3 ^{oth} grade may be included.				
F) Visual and Performing Arts – 1 year One year from the same discipline area. Art, dance, theater/drama, mark.				
G) College-Preparatory Electives – 1 year Any additional courses (not proviously listed) that are included in the UC "A-9" list.				



A. S. A. P. After School Academic Progress

Tutoring Schedule, 2015-2016

Subject	Teachers	M 3:00–4:00 PM	T 3:00–4:00 PM	W 3:00-4:00 PM	Th 3:00-4:00 PM
МАТН	Leah Ulloa Ronnie Woo	L202	L120		U40
SCIENCE	Jennifer Wright (Biology) Alan Tran (Chemistry/Physics)		E212 E112		
MATH "0" PERIOD	Harmonie Bassette		"0" Period 6:56 - 7:52am U40		"0" Period 6:56 - 7:52am U40
ELL/ SDAIE (starting 10/7/15)	Amy Tien		U47		U47

Starts September 16, 2015 - No sign-up required; any student may attend as often as needed. Please come prepared with homework, class work, or make-up work to complete. Students can access homebound transportation after the tutorial session on the 4:15 bus. No tutoring will be facilitated on minimum days. (Rev. 9/11/15)

Also: Project Hope tutoring with UCLA – to be announced soon!

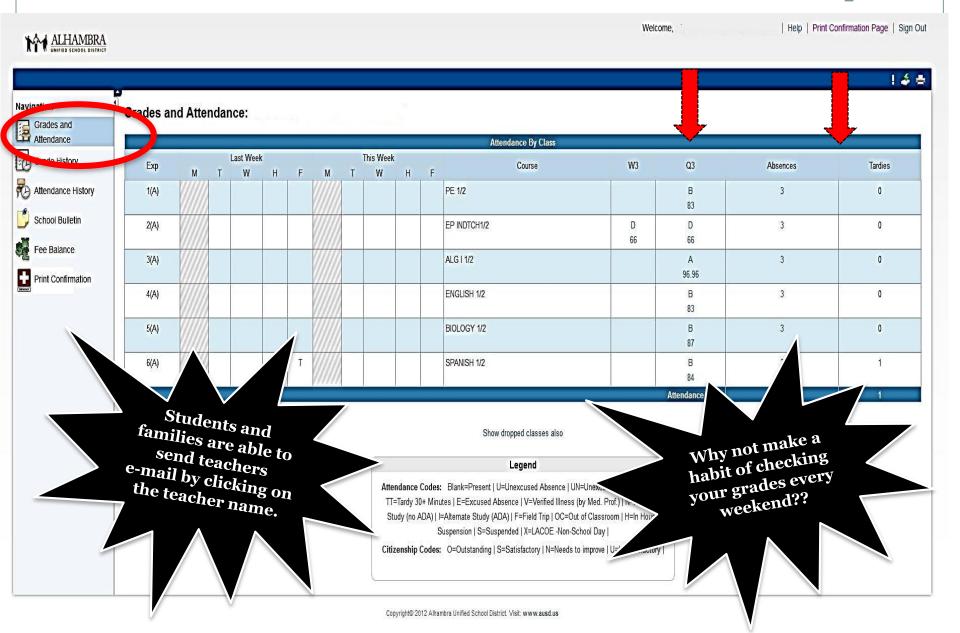
Student Portal Access

"Powerschool" at family.ausd.us

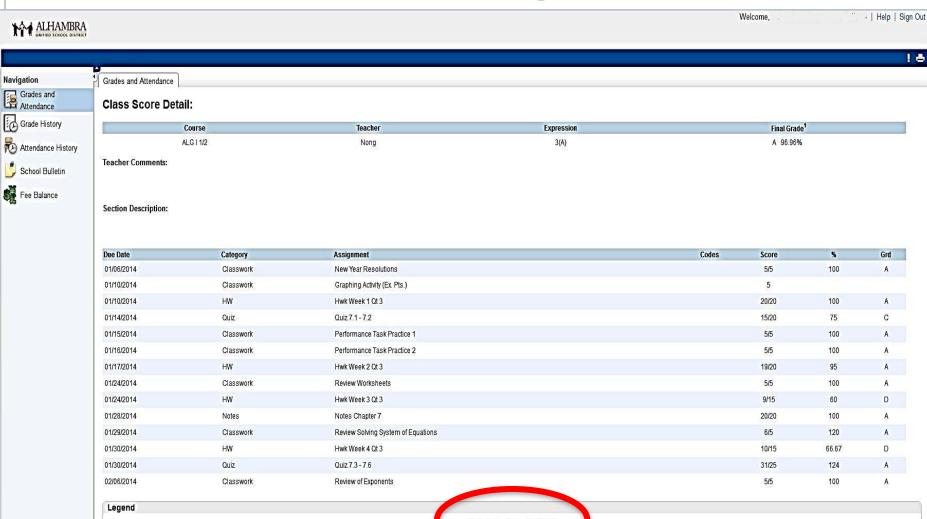


Parent Sign	ı İn
Username	
Password	
	Having trouble signing in?
2013	–14 How to input Emergency Contact Information:
	English / Spanish / Chinese
For Parent Accoun	nts: Directions on changing your password in the Parent Portal:
	English / Spanish / Chinese
	Sign In

Grades and Attendance Summary



List of Assignments



Grades last updated on 02/13/2014

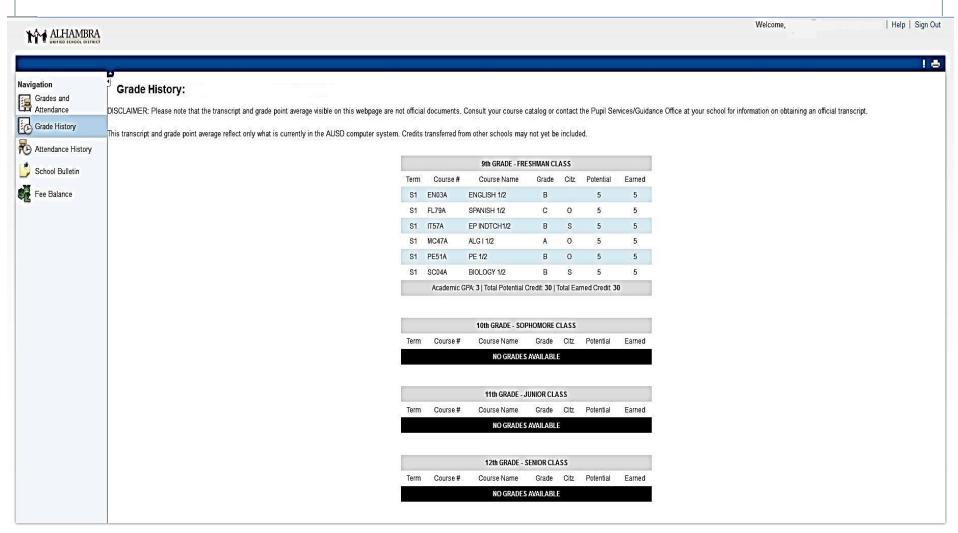
Score is exempt from final grade, 🛭

☑ - Collected, ▲ - Late, ■ - Missing

1 - This final grade may include assignments that are not yet published by the teacher. It may also be a result of special weighting used by the teacher.

mment is not included in final grade

Grade History



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Where might I continue my education after high school?

Four-year Universities

o CSU system, UC system, private universities

Two-year or Community College

 Such as: PCC, ELAC, Mt. SAC, Glendale, Rio Hondo, Citrus

Trade/Technical Schools

O Such as: LA Trade Tech, FIDM, ITT, DeVry

UC/CSU A-G Requirements 2.0 min GPA for CSU; 3.0 min GPA for UC

The A-G Subject Requirements	1 YEAR	2 YEARS	3 YEARS	4 YEARS		
Social Science – 2 years One year of US History or US History and American Government, and one year of social science						
English – 4 years Composition and literature designated as college preparatory						
Mathematics – 3 years Algebra I, Geometry, Algebra II, Integrated Math I, Integrated Math II, and advanced mathematics. Courses taken in 7 th and 8 th grade may be considered						
Laboratory Science – 2 years At least one biological science and one physical science						
Language Other Than English – 2 years Subject to waiver for applicants demonstrating equivalent competency. College prep language courses taken in the 8 th and 9 th grade may be included.						
Visual and Performing Arts – 1 year One year sequence course. Art, dance, theater/drama, music.			1 of the15			
College-Preparatory Electives – 1 year Any additional courses (not previously listed) that are included in the UC "A-G" list.		CC BE	completed end of 11 th grade			
Get started with the High School Planner at: www.californiacolleges.edu 21						

SGHS Career Center



MEET THE STAFF

WHO WE ARE ...



Elizabeth An, Career Technical Education Advisor



Monica Marquez, Career Education Technician



Monica Ochoa, Career Education Technician

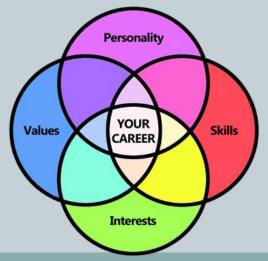
Visit our new website at: www.tinyurl.com/SGHS-CC

The Career Center provides you with the following services:

- College and Career Speakers
- College Readiness Information
- Career Technical Education (CTE) Classes
 - Career Guidance Information









Upcoming Events







Wed Sep 23, University of La Verne - Per. 4



Fri Sep 25, University of Connecticut -Per.1



Wed Sep 30, University of Redlands -Per.1



Wed Sep 30, Seton Hall University Per 4



Tue Oct 20, Saint Mary's College - Per. 3

NOT SURE WHAT TO MAJOR IN? SIGN UP FOR THE

college major

workshop

OCT. 6
PERIOD 4 & 5
CAREER CENTER



8th Annual District College Fair 2015

Thursday, October 15, 2015 6:00 PM - 8:00 PM @ SGHS



Thu Oct 29, 2015 - Field Trip: Occidental College

REMEMBER:

Your own life, your own path, your own responsibility!



Please think of one question you still have, we are here to answer it now!

This presentation available to view on our website, www.sghsmatadors.com/about_us/guidance.jsp